



• Athletic Tryouts •

Covington High



UPCOMING ATHLETIC TRYOUT/WORKOUT DATES

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FOOTBALL--Spring Workouts begin May 4th

VOLLEYBALL----May 17th 4-6 p.m.

CROSS COUNTRY---Summer Workouts

GIRLS BASKETBALL----May 19th 3:30-5:30 p.m.

BOYS BASKETBALL-----May 13th 3:30-5:30 p.m

WRESTLING---Summer Workouts

GIRLS SOCCER-----May 20th-4-5:30 p.m.

BOYS SOCCER-Summer Workouts

POWERLIFTING-Fall Date TBD

SOFTBALL----- May 18th 3:30-5:30 p.m.

BASEBALL-----May 20th & 21st 3:30 p.m.

TENNIS-----Fall Date TBD

TRACK-----Fall Date TBD

GOLF-Fall Date TBD

****Students must have a current physical in order to participate. It must be presented to the coach on the day of tryouts.****

Call 985-892-3422 for more information on tryouts or email the coach directly. Information on each sport, coach contact information and summer workouts can be found at

www.covingtonhigh.stpsb.org