

Covington High School Lions

Extracurricular Contract



This contract applies to any student who participates in any extracurricular activity or sport in which CHS is being represented by the student outside of the academic classroom. –Updated 6/2020

Philosophy & Mission

- The mission of Covington High School’s athletics and extracurricular activities is to complement and support the academic mission of Covington High School and assist students in their growth and development. Athletics and extracurricular activities assist in promoting the importance of teamwork, effort, goal setting, leadership, humility, and commitment.
- Varsity play at the high school level is highly competitive, but winning is not the primary measure of success. Sportsmanship, dignity in the face of adversity, and respect for participants, officiating staff, and fans is far more important than the outcome of the contest. Not all athletes perform at the same level, but all athletes can demonstrate positive and respectful attitudes, strong effort at practice and in contests, commitment to the team, and fair play. ***It is expected that all team/group personnel, parents, and spectators respect this mission by exhibiting appropriate behavior at Covington High School athletic/community events.***

CHS Student Eligibility Requirements

In addition to LHSAA minimum eligibility requirements (if applicable to activity), Covington High students must meet the following requirements to be eligible to participate. All participants are required to complete given paperwork for LHSAA and St. Tammany Parish School District and return by the given deadline from coach or sponsor.

1. In order to compete or participate, student members of any athletic team or extracurricular group must maintain a “C” average to include ***no more than one failing grade at any given time.*** Students are responsible for monitoring their own academic progress through St. Tammany Parish Student Progress Center. Administration will check grades routinely at interims and quarterly grading periods. ***If a student has more than one failing grade at interims or quarterly grading periods, he/she will enter academic probation.*** During this period, the athlete may practice as deemed permissible by the coach but he/she may NOT participate in any contests/extracurricular activities until the grades are rectified and confirmed as such by the classroom teacher(s). Free academic clinic/tutoring times are available to all students.
2. If a student exceeds ***five*** unexcused absences ***from school*** per semester, he/she will enter academic probation until absences have been excused through a physician’s note or parent excuse. During this period, the athlete may practice as deemed permissible by the coach but he/she may NOT participate in any contests/extracurricular activities until academic seat time is completed to bring student back into good standing.
3. In addition to other infractions, a student may be suspended or removed from a team for absences or tardiness to team practices/contests/activities. Each team/group will have their own specific set of attendance requirements. Contact the coach/sponsor for details specific to each sport/group.
4. A student may not participate in after school activities when he/she is serving a suspension. The student becomes eligible to participate on the next school day following the suspension. If the suspension is an out of school suspension, the student is not allowed on any STPSB campus for any reason until the suspension period is over.

Elastic Clause:

The rules, policies, and procedures addressed here and in the student handbook do not cover every possible infraction/situation. Any infractions not listed will have consequences based on the discretion of the coach and administration with the input of the athletic director and under the provisions in the STPSB student handbook.

Covington High Standards of Behavior for Student Athletes/Extracurricular Participants

The following standards are **required** of all participants:

1. Exhibit responsible, respectful, and trustworthy behavior towards teammates, coaches, officiating staff, athletic trainers, fellow students, teachers/sponsors, spectators, and opposing teams.
2. Behavior/communication **both on and off campus and on social media/technology** should always reflect positively on the team, school, and community. Participants should not be engaged in any activity that could result in police intervention. Any statements that are made in any form (face to face, text, email, social media) should always reflect positively, be appropriate, non-divisive, and constructive.
3. Exert efforts to maintain a high level of academic achievement. Seek academic assistance when needed.
4. Comply with all LHSAA and STPSB regulations and policies as well as school wide policies.
5. Attend all team functions unless ill or given prior permission to be absent by the coach.
7. Respect and comply with decisions made by the coach, athletic department, and/or administration.
8. Refrain from use of all banned/illegal substances **to include but not limited to** tobacco/cigarettes, smokeless tobacco, vaping/e-cigarettes, and alcohol.
9. Display good sportsmanship at all times and do not engage in the use of profanity.
10. Report to the coach/administration any issues or developments that may affect the team/school in a derogatory manner. Prevention is key and communication with your coach and administration is vital.

Failure to abide by the above listed standards can result in dismissal or probation.

Missing/Late

If students know they will miss or be late to a practice or event they must contact their coach **IN ADVANCE** with the details. In the event of an emergency, communication after the missed event will be accepted but must be delivered as soon as possible to the coach. Emergency situations include death in the family, extreme injury/illness, or other situations as deemed unexpected and emergent in nature by coach/administration.

Dismissal from Team

Student athletes are expected to maintain the highest standards **during school hours and non-school hours**. Any student suspected of, caught doing, or being in the vicinity of any of the following acts is subject to dismissal from the team or placement on disciplinary probation. The contract extends to summer break as well. *There is a no tolerance policy at Covington High for the following:*

➤ **Hazing:**

Hazing involves any act that subjects teammates to mental or physical discomfort, embarrassment, harassment, or ridicule. In some instances hazing constitutes a criminal act.

➤ **Use of Illegal Substances/Alcohol/Tobacco/Steroids/Controlled Banned Substances**

All students at Covington High School are expected to refrain from the use of **all** tobacco/nicotine products, drugs, and alcohol, both at school & during non-school times unless medically prescribed by a physician for a specific condition or illness.

➤ **Social Media/Digital Communication Misuse:**

Social Media and digital technology are considered an extension of how you represent yourself in person. Pictures/videos and/or information/communication via digital means is open to scrutiny. Any student who shares information or acts/speaks in a derogatory way on social media could be dismissed or placed on disciplinary probation. This includes fights and threats made on social media in or outside of school. It also includes any speech that can divisive, inciting, or disruptive.

➤ **Bullying/Cyberbullying/Fighting:**

STPSB and Covington High School will not tolerate bullying or fighting at any level on the school campus, school activities or social media. Bullying is defined as **aggressive** behaviors that are **repeated** and done with intention of gaining power. These behaviors can be physical or verbal. In addition to the consequences as an athlete, the student could receive discipline per the STPSB handbook.

*Once a student begins an activity/sport and he or she is **dismissed** by coach, sponsor, or administration for any reason, he/she is ineligible to participate in any other sport during that team's season unless given prior approval by the athletic director and/or the administration after a thorough investigation of the case with all involved parties.*

*Once an athlete is on a team and voluntarily **quits** that team, he/she is ineligible to participate in any other sport during **that team's season** unless given prior approval by the athletic director and/or the administration.*

Activity Probation

At the discretion of administration, an athlete may be placed on athletic probation in lieu of or in addition to other discipline when an athlete is involved in a significant breach of the general policies of the Covington High/STPSB student handbook.

*******Tear this sheet off once completed and return. Keep page one and two of contract for your reference.**

Valid for duration of student's participation in extracurricular activities at Covington High. ***

Covington High School Lions Extracurricular Contract

Student Name (PRINTED) : _____ Date: _____

Parent/Guardian Name (PRINTED) : _____ Date: _____

As the parent/guardian of the above listed student, I agree to ensure to the best of my ability that the policies and procedures listed in the attached contract for Covington High student athletes or extracurricular activity members is followed.

I also agree to monitor this student's technology use and social media to ensure acceptable practices are in place as it relates to my student's school and my student's sport/group.

I agree to communicate openly with the school as needed. I will schedule a time to speak with the coaches/sponsors or administration rather than attempt to address issues prior to or immediately after a contest or event. I will also agree to address any concerns with coaches/sponsors first before going to administration unless it is an extreme situation which requires immediate administrative involvement.

I will agree to encourage my child in his or her endeavors and always personally demonstrate the positive behavior and sportsmanship this contract details.

Parent/Guardian Signature

Best contact number(s)

Parent email address

1. As the **student** named in this contract, I agree to follow all policies and procedures listed. I understand that my participation in athletics and/or extracurricular activities at Covington High is a privilege and can be removed **at any time** if I do not use best practices as stated in this contract.
2. I agree to place top priority on my academics and maintain strong efforts in the classroom. I agree to initiate and seek help from my teachers, coaches, or administration if I begin to struggle.
3. I agree to always put forth the best version of myself in effort, attitude, communication with others, teamwork, and sportsmanship and to always demonstrate a high level of integrity both in and out of the classroom setting. My participation will always reflect positively for Covington High School in both victory and defeat.

Student Signature

Student Contact Number

*****Grade Checks are done at interims and quarter grading period for each of the four nine weeks.*****